## AMHSA Health | Safety | Environment

## **Supporting First Responder Mental Health in Rural Alberta**

**Dedicated Post-Traumatic Stress Injury Training and Resources** 

## **Offered FREE for Rural Fire and Rescue First Responders**

Brought to you by the Alberta Municipal Health and Safety Association, with resources provided by the Mental Health Commission of Canada and TELUS Health.



## Learn more and register at RuralFirstResponder.ca



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Supported by funding from the Government of Alberta